

Phyto-Vite® Supplement Facts Multi-Vitamin, Mineral, Anti-Oxidant Supplement

Order from www.MyNaturalSupplements.com

Serving Size 6 tablets * 30 Servings Per Container

Amount Per Serving	% Daily Value*
Vitamin A 25,000 IU	500%
Vitamin C 500 mg	833%
Vitamin D 200 IU	50%
Vitamin E 400 IU	1333%
Vitamin K 70 mcg	88%
Thiamin 15 mg	1000%
Riboflavin 17 mg	1000%
Niacin 100 mg	500%
Vitamin B6 20 mg	1000%
Vitamin B12 60 mcg	1000%
Biotin 300 mcg	100%
Pantothenic Acid 75 mg	750%
Calcium 500 mg	50%
Iron 4 mg	22%
Phosphorus 250 mg	25%
Iodine 150 mcg	100%
Magnesium 400 mg	100%
Zinc 15 mg	100%
Selenium 200 mcg	286%
Copper 2 mg	100%
Manganese 5 mg	250%
Chromium 200 mcg	167%
Potassium 70 mg	2%
Phytonutrient Blend 800 mg	+
alfalfa leaf	
aged garlic bulb concentrate	
Pur-Gar® A-10,000 [garlic bulb]	
soy protein isolate	
broccoli floret	
cabbage leaf	
cayenne pepper fruit	
green onion bulb	
parsley leaf	
tomato	
spirulina	

Amount Per Serving	% Daily Value*
canola oil 100 mg	+
citrus bioflavonoid complex 50 mg	
rutin 26 mg	
quercetin dihydrate 24 mg	
choline 50 mg	+
Inositol 50 mg	+
PABA 25 mg	+
ginkgo biloba leaf standardized extract 20 mg	
ginkgo flavone glycosides 4.6 mg	+
terpene lactones 1.2 mg	+
bilberry fruit standardized extract 10 mg	
anthocyanosides 2.5 mg	+
catalase enzymes 10 mg	+
grape seed proanthocyanidins 5 mg	+
red grape skin extract 5 mg	
total polyphenols 0.7-0.9 mg	+
Boron 1 mg	+

* Percentages are based on a 2,000 calorie/day diet

+ Daily Value not established.

Other Ingredients: dicalcium phosphate, magnesium oxide, calcium carbonate, calcium ascorbate, microcrystalline cellulose, d-alpha-tocopheryl succinate, croscarmellose sodium, stearic acid, potassium citrate, choline bitartrate, beta-carotene, niacinamide, silica, d-calcium pantothenate, magnesium stearate, copper Chelazome® glycinate, zinc Chelazome® glycinate, calcium citrate, calcium lactate, magnesium amino acid chelate, inositol, L-selenomethionine, kelp, manganese Chelazome® glycinate, biotin, pyridoxine HCl, Ferrochel® iron bisglycinate, boron chelate, riboflavin, magnesium citrate, thiamin mononitrate, retinyl palmitate, chromium Chelavite® glycinate, phylloquinone, cyanocobalamin, vanillin, cholecalciferol, folic acid.

Directions: As a dietary supplement, take 6 Phytovite tablets per day.

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep Phytovite out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately. If pregnant or lactating, consult a physician before using Phytovite.