

# ENERGY SHOOTER

# COMPARISON CHART



	<b>Sugar-Free Winrgy® Shooter</b>	<b>Red Bull® Sugar-Free Shot</b>	<b>Original 5-hour Energy® Shot</b>	<b>Monster Hitman Energy® Shooter</b>
Calorie-Free	✓			
Sugar-Free	✓	✓	✓	
Caffeine	✓	✓	✓	✓
Vitamin B1	✓			✓
Vitamin B2	✓			✓
Vitamin B3	✓	✓	✓	✓
Vitamin B5	✓	✓		
Vitamin B6	✓	✓	✓	✓
Vitamin B9	✓		✓	
Vitamin B12	✓	✓	✓	✓
Taurine	✓	✓	✓	✓
Phenylalanine	✓	✓	✓	
Choline	✓		✓	
Calcium	✓			
Vitamin E	✓			
Iodine	✓			
Zinc	✓			
Copper	✓			
Manganese	✓			
Chromium	✓			
Glycine	✓			
Lysine	✓			

### Other names for the B Vitamins that you may see on labels...

Vitamin B1 (thiamine); Vitamin B2 (riboflavin); Vitamin B3 (niacin or niacinamide, sometimes also known as vitamin PP); Vitamin B5 (pantothenic acid); Vitamin B6 (pyridoxine, pyridoxal, or pyridoxamine, or pyridoxine hydrochloride); Vitamin B7 (biotin); Vitamin B9 (folic acid); Vitamin B12 (various cobalamins; commonly cyanocobalamin in vitamin supplements)

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